

# Non-Gluten Menu

Please make your special dietary requirements clear when ordering at the counter

For today's choice of non-gluten soups, please see the blackboard



## Homemade Soup on its own

(see board for today's non-gluten options)

with Nairn's Gluten Free Oatcakes & Butter

with toasted Genius Gluten Free Bread & Butter **£4.60**

with a homemade non-gluten Cheese Scone & Butter **£5.90**

**Homemade Soup & Genius GF Toasted Sandwich Deal** (from non-gluten fillings below) **£7.70**

**£3.60**

**£4.60**

**£4.60**

**£5.90**

**£7.70**

## Non-Gluten Ploughman's Lunch **£8.10**

(Dressed Leaves, Mixed Chopped Salad, Cheddar Cheese, Apple, Crisps & Genius GF Toast or Nairn's GF Oatcakes & Butter)

## Non-Gluten Ploughman's with Cheese & Ham **£9.20**

(Dressed Leaves, Mixed Chopped Salad, Cheddar Cheese, Apple, Crisps & Genius GF Toast or Nairn's GF Oatcakes & Butter)

## Non-Gluten Salad Bowl **£6.10**

Dressed Leaves, Mixed Chopped Salad, Coleslaw & Crisps with one main filling:

Cheese • Tuna Mayo • Egg Mayo • Ham • Coronation

## Create Your Own Lunch

(All served with a dressed side salad & crisps)

### Genius Gluten Free Toastie with a Non-Gluten Filling

**£6.20**

*Price includes one main filling and one extra filling from the boxes below*

### Non-Gluten Main Fillings

Cheese • Ham • Tuna Mayonnaise • Brie • Bacon • Egg Mayonnaise  
Coronation Chicken Sliced Chicken • Cream Cheese • Baked Beans

(additional main fillings £1 each)

### Non-Gluten Extra Fillings

Tomato • Cucumber • Onion • Coleslaw • Mayonnaise • Cranberry Sauce • Pineapple

(additional extra fillings £0.50 each)

### Baked Potato

with a Non-Gluten Filling

**£8.10**

## Breakfast Menu

(served until 11am)

**Fried Free Range Egg, Bacon & Beans** **£4.80**

### 2 Slices of Gluten Free Toast

with butter **£2.30**

& Jam or Marmalade **£2.40**

& Baked Beans **£4.00**

& Bacon **£4.30**

& Two Free Range Fried Eggs **£4.70**

& Bacon & Two Free Range Fried Eggs **£5.00**

Thank you for choosing to visit us today! Our aim is to offer simple, tasty food in a relaxed, friendly atmosphere. Our focus is very much on good quality produce and excellent customer service and we are pleased to offer a range of Non-Gluten options.

If you are a Coeliac sufferer and/or highly sensitive to gluten please advise the person taking your order. We will do our very best to accommodate your requirements and ensure you can enjoy your food with peace of mind.

However, we are not a completely gluten-free establishment - so while we do have strict procedures in place, unfortunately we cannot guarantee that cross contamination will never occur. Our staff are trained to use separate cutting boards and knives etc, when preparing food for those who cannot eat gluten, but due to limited space in our kitchen, we are unable to have a separate, designated gluten-free zone or specific gluten free toasters machines etc.

It is very important to us that all of our customers leave The Joinery feeling happy and satisfied. If you enjoy your experience please tell your friends about it! If, however, your visit does not meet your expectations, please tell us - we value our customers and their opinions - they are what help us to improve. We look forward to welcoming you again soon!

April 2022

## Cakes • Bakes • Treats

Please ask our serving staff to advise you of any home-baking we have in our cabinet which is made with NGCI (Non-Gluten Containing Ingredients).

Additionally, we keep a supply of our homemade Gluten Free scones in the freezer. These can be warmed through to order and served with butter, jam and even some Cornish Clotted Cream.

We also stock a selection of Certified Gluten Free goodies from Scottish Specialist Food producer, Lazy Days.

## Under 11s Menu

**Small Non-Gluten Homemade Soup £3.20**  
served with Genius Gluten Free Toast or Nairn's  
Gluten Free Oatcakes & Butter

**Gluten Free Toastie £3.20**  
Toasted Genius Gluten Free Bread, served with crisps  
Cheddar Cheese • Ham • Jam • Cream Cheese

**Kids Snack Plate £4.30**  
Cheddar Cheese, Ham, Apple, Sultanas, Cucumber  
& Crisps served with Nairn's GF Oatcakes & Butter

**Fruit Shoot Juice**  
Orange • Blackcurrant  
£1.50

**Kid's Fresh Juice**  
Orange • Apple  
£1.00

**Diluted Orange Juice**  
£0.80

**Kid's Small Milk**  
£0.90

## Speciality Coffee



As part of their training, all staff have all undertaken a Barista Skills course. We grind Brodies Fairtrade, medium roast Columbian beans here on the premises to create your perfect speciality coffee.

**Espresso** sgl £2.30 dbl £2.50

**Americano** £2.80

**Latte** £3.00

**Flat White** £2.80

**Cappuccino** £3.20

**Mocha** £3.40

**Add Syrup** £0.50

Caramel • Vanilla • Hazelnut

## Filter Coffee

**Mug** £2.90

One free refill included in the price - bring your mug to the counter

## Hot Chocolate

**Mug** £3.10

Add marshmallows & cream for + £0.50

## Tea

**Pot of tea for one £2.40**



**Speciality teas £2.50**

**Fruit teas £2.50**

**Herbal teas £2.50**

(Please ask for available options)

## Cold Drinks

**Cans £2.00**

Coke • Diet Coke • Irn Bru  
Sugar Free Irn Bru • Fanta •  
7-Up • Ginger Beer

**Mineral Water £2.00**

Sparkling • Still

**Fresh Juice £2.00**

Orange • Apple

**Milk £1.70**

**Fruit Smoothies £3.50**

Berry Burst • Tropical Dream

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